

Coaching & Skill Development Camp

Our experience with school groups has shown that with one day programs, participants have fun but don't really get a chance to experience all that skiing and snowboarding has to offer. To create an awareness of what the sport is truly about, we have created full service programs that build on basic skills while providing an opportunity for students to get excited about being active in a whole new

way!

Day 1

Your group will be welcomed at your bus by a snow school representative to ensure everyone gets to the right places. The kids will be grouped by ability level and given a thorough orientation to the sport of skiing & snowboarding. Participants will also be familiarized with the mountain as well, safety precautions and the Alpine Responsibility code.

We try to have more than one instructor with each of our beginner groups. This enables us to provide the extra attention needed to those having difficulty while students learning with greater ease can progress at their own pace with another instructor. As the first day proceeds, it will become obvious if students need to move up or down a level and instructors will make those adjustments as needed.

Day 2 & 3

With the initial shock and learning curve out of the way, these days will see students developing their skiing and riding skills while exploring the mountain at a level that is suitable for them. Students will learn how to ski and ride efficiently, using appropriate techniques for turning and adapting to different terrain. Instructors will adapt their lesson plans to the individual needs within the group. Safety and the skier's responsibility code will be reviewed

Day 4

Today we will continue to develop skills and explore the mountain along with introducing a simple race course to students. The course will be set up to allow students of all abilities to participate. This will be training for the following week's race. Students will be quizzed on the skier's responsibility code & safety concepts.

Day 5

The final day will see students participate in a fun race. Students will have the opportunity to consolidate the skills they have learned over the previous weeks. Awards and recommendations for future training will be presented. Students will be tested on their knowledge of the skier's responsibly code.

- *All Multi-Day Programs provide the same instructor for your group each week.*
- *Meal & full day instructor options are available.*
- *Progress report & evaluation on the last day!*