

Junior Instructor Training

The goal of this program is to prepare participants for certification as a ski or snowboard instructor. In our experience, many aspiring instructors arrive at the level 1 certification course unprepared & are therefore unsuccessful. Through demonstrating the high level of expectations for certifications, our professional course examiners will coach & train students to successfully complete either the Canadian Ski Instructors Alliance (CSIA) or the Canadian Association of Snowboard Instructors (CASI) level 1 certification.

Day 1 & 2

Day 1...

General skill improvement based on CSIA/CASI technique. Review of the skiing/riding standard for the level 1 qualification.

Day 2...

Continued skill improvement with an introduction to the teaching methodologies instructors are expected to use.

As their trainer demonstrates these methods, students will improve both their riding & teaching skills, as they experience 1st hand the lessons they are being trained to teach.

Day 3

We will begin with a workshop on what it takes to be an effective leader and some key elements of good people skills. Participants will then begin to practice taking on a leadership role within the group.

This will all be accomplished while enjoying the mountain environment and continuing to improve skiing and riding skills.



Day 4

We continue to work on developing good people skills while improving technique. The focus will be on teaching children and the challenges and opportunities children present. At this stage participants should feel comfortable speaking in front of the group and leading the group around the mountain.

At the end of the program students will be told if the instructor feels they are ready for the level 1 course or what extra training should be undertaken.

Day 5

We will conduct a mock skiing and riding evaluation scenario where students can practice being in a pressure situation and demonstrating appropriate technique. Teaching workshops will introduce the tools needed to effectively analyze and improve skiing and snowboarding. Participants will be constructively evaluated in mock lesson situations.